

FRESHER'S HANDBOOK



Durham University
Malaysian Society

PREDEPARTURE CHECKLIST

For those of you leaving home for the first time, here are some things that we thought were important to bring with you!

Travel documents- (visa documents, offer letter, TB Scan, CAS, IHS Number etc).

Enough money to get you through the first few weeks until you can get your bank account set up! (about 400 pounds, keep in mind in emergencies your Malaysian debit card/credit card will work here too!)

Clothing you can layer – The weather in the UK is waaaaay different to the heat we are used to in Malaysia, so make sure to stay warm and layer

Formal wear- There will be TONS of events in Durham especially matriculation, Fresher's formals and College formals so we recommend bringing at least 1-2 pieces.

Sneakers or shoes – Walking around Durham will be super painful without comfortable shoes!

Lastly, home things! Pictures or food/drink (ie, Nescafe 3in1, Maggi or Milo)

HOW TO GET TO DURHAM?

Sometimes, (especially freshers who are travelling alone) arrive through the University welcome service, but as you may be coming early or travelling with family, here are other ways to get to Durham

From London Heathrow: Take the underground tube (Piccadilly line) to King's Cross Station and get a (preferably pre- booked) train ride to Durham via London North Eastern Railway -LNER (formerly Virgin Trains East Coast). The journey will take approximately 3.5 hours and cost anywhere from (30 to 80 pounds)

Newcastle Airport: Take the shuttle bus or a taxi to Newcastle train station; take the train to Durham (less than 15 mins.) Alternatively, a taxi from Newcastle will take around 30 mins, this will cost about (50 pounds)

GETTING AROUND

Generally, people walk around in Durham rather than taking a taxi as everything is so nearby!

Distance from Colleges to Science Site (Lecture halls, Library etc.):

Hill Colleges (Collingwood, Grey, Josephine Butler, St Aidan's, St Mary's, Van Mildert, Stephenson, Trevelyan, Ustinov, John Snow): 10- 15min walk (depending on how late you are for your lecture)

Bailey Colleges (Hatfield, University, St. Chad's, St Cuthbert's Society, St John's): 15-20min walk
St. Hild and St. Bede College: 20-25min walk

Or if walking is too much of a hassle, catch the Buses, just check the Durham Bus Time Table routes on the City Council Website. (Keep in mind however, they are not always on time)

Durham has many taxi services as well, some taxi companies are:

Paddy's Taxi Ltd - 0191 386 6662

DC Taxis Durham City - 0191 383 1122

Durham Taxis - 0191 364 3665

Durham SU operates a night bus to ensure lone students can get home safely at night. The cost is £2 per journey (if you show your student ID)- much cheaper than any taxi! It operates between hours 9pm-2am Mon-Sat and 9pm – 11pm Sun. Just call them at 07922 648802.

THINGS TO DO

There are many things to do in Durham (apart from studying of course!)

Explore Durham's local heritage by taking part in guided tours (or even ghosts tours if you're adventurous) with **Durham on Foot** or a **tour of the castle** – bring your Student ID to get free entrance!

Visit the **Cathedral** (a UNESCO World Heritage Site, but more importantly where some Harry Potter films were filmed), the **Oriental Museum** or the **Botanical Gardens**. If you're a film buff, the **Gala Theatre** offers £5 tickets to watch movies, as long as you show your student ID.

Or you could watch latest movies at St. Hild and St. Bede College with the **Bede Film Society**. Anyone can join! Tickets cost £1.50 for members or £3.50 for non-members.

There is also **Durham Market** or visit the weekly **Saturday Outdoor Market** – There is also a stall in the Saturday Outdoor Market that sells amazing cheap fried rice!

There are also many sports and societies to get involved in!

PLACES TO EAT

There are many places to eat out in Durham if you're tired of eating the many varieties of potatoes at college.

Lebanese food is a favourite among students (Lebaneat, also it's halal, but a little on the pricier side)

Or try out La Spaghattata (or Spags as students call it), a popular Italian restaurant in town. For brunch and breakfast, Flat White and the Riverview Kitchen are popular among students!

Popular café and tearooms in Durham are Flat White Kitchen, Vennels Café, Tealicious, Cafédral and 9 Altars.

Chain coffee shops such as Starbucks, Costa and Café Nero can also be found in the town.

Buuut of course if you're missing some good old Asian food, Nadon Thai and Thai River, while both have amazing good are also very pricey. Instant noodles can be bought in one of the 3 Asian markets in town too!

If you're willing to take the trip to Newcastle, there are two well known Malaysian restaurants called Chilli Padi and Amaysia! Both serve authentic food, for those days when you just miss home

OUR BEST TIPS

Setting up a UK bank account

Every bank has slightly different procedures however the general process would be as such:

Choose a bank and call up to setup an appointment. We recommend doing this ASAP because they fill up very quick and you'll have to end up waiting a week or two for your appointment if you do it late

Popular banks are Barclays, Lloyds, HSBC, NatWest.

As an overseas student, you will be required to present certain documents at your appointment to prove that you are attending a British university. Documents may include your offer letter and a letter from Durham addressed to the bank stating you are a student and would like to open an account. Which you can receive from your college!

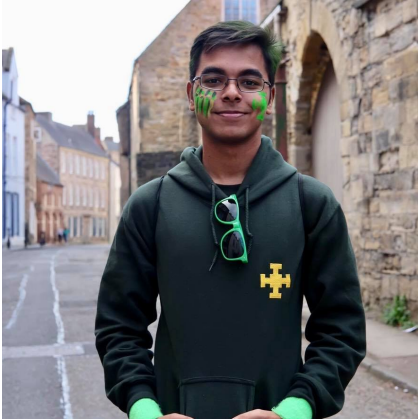
Receive your card and start spending! Most of us go cashless nowadays as almost all shops you walk into will accept contactless card transactions/Apple pay, even for payments under £1.

Travel

Trainline app & Rail card- Trainline (www.thetrainline.com) is the website used to book train tickets! Train prices tend to depend on time and how early you book the ticket. The earlier the better! There is also an app for ease of access. Get a 16-25 railcard @ www.railcard.co.uk for £30 a year or £70 for 3 years to get a 1/3 discount on all train rides.

When catching the Bus in Durham, - be sure to show your student campus card to receive student discounts on rides and some busses are even free to be on!

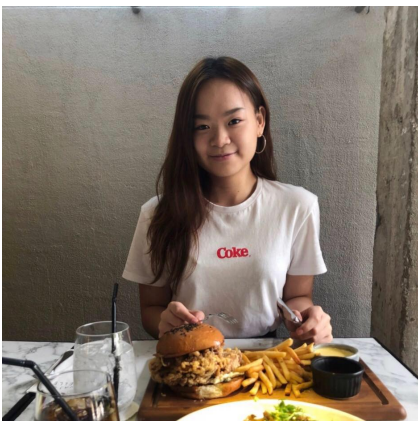
ABOUT DUMAS



Roshanth Aaron James
VP Admin
St Chad's College



Nazira Fs
VP Finance
St Mary's College



Chelsea Tan
Business and Events Officer
Van Mildert College

ABOUT DUMAS



Kenneth Ong
Marketing Officer
Van Mildert College

Aruna Solomon
Publicity Officer
Collingwood College

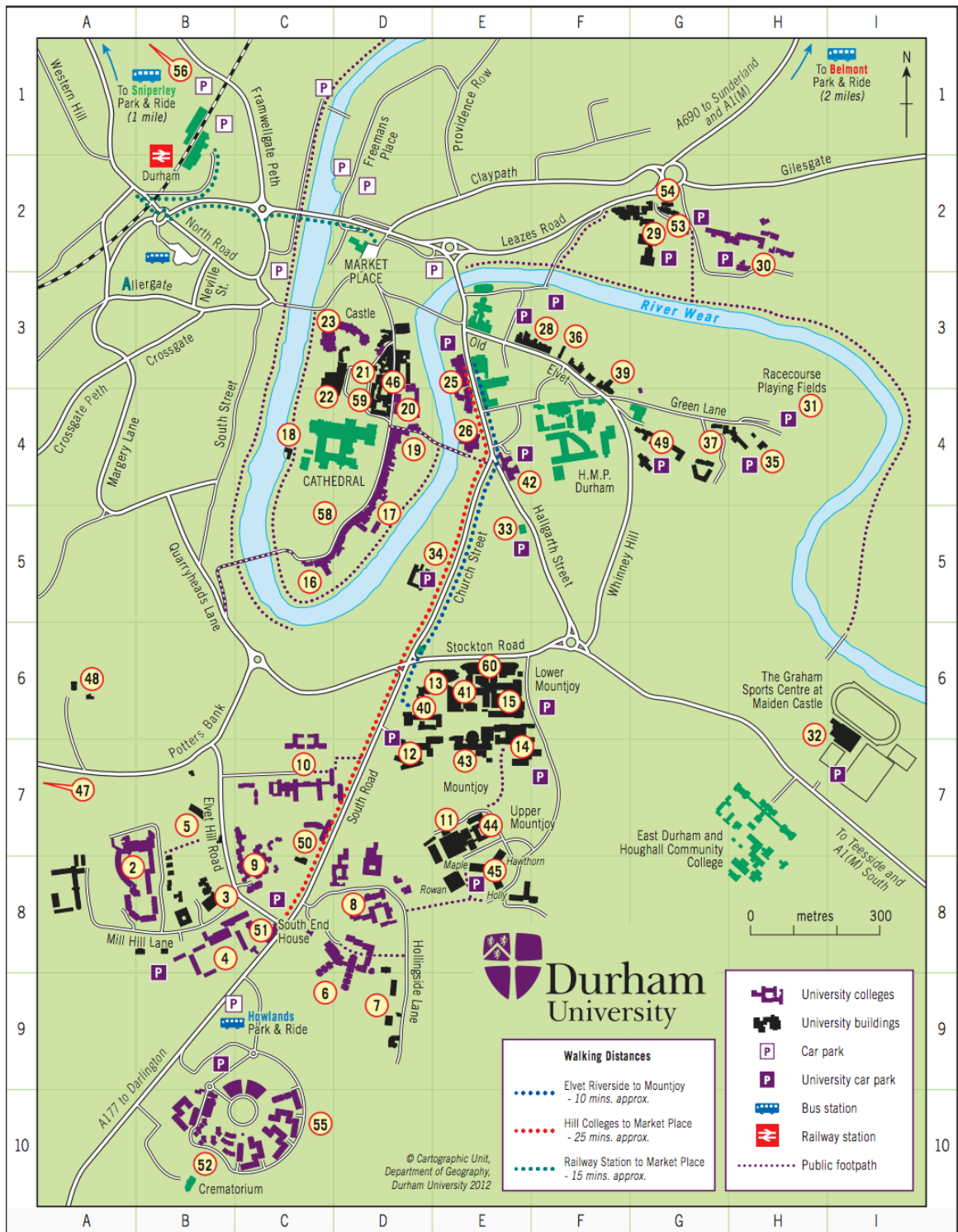


Shebanee Devadasan
Campus Officer
St Cuthberts College

Rugha Maniam
Campus Officer
Josephine Butler College



MAP



MAP

Number	Building	Grid reference	Number	Building	Grid reference
60	Administration (The Palatine Centre)	E6	3	House of Sport	B8
21	Advanced Study, Institute of	D4	21	Institute of Advanced Study	D3
41	Anthropology (Dawson Building)	E6	40	Institute of Hazard, Risk and Resilience	D6
36	Applied Social Sciences - Sociology and Criminology	F3	60	IT Service Desk	E6
36	Applied Social Sciences - Sport	F3	55	Josephine Butler College	C10
25	Applied Social Sciences - Social and Community & Youth Work	E3	3	Lafcadio Hearn Centre, Teikyo University	B8
41	Archaeology (Dawson Building)	E6	25	Language Centre	E3
46	Assembly Rooms	D3	60	Law School	E6
11	Biological and Biomedical Sciences	E7	29	Library (Education Section)	G2
7	Botanic Garden	D9	13	Library (Main Section)	E6
43	Calman Learning Centre	E6/7	22	Library (Palace Green Section)	C3
60	Careers, Employability and Enterprise Centre	E6	32	Maiden Castle Sports Centre	I6/I7
15	Chemistry, Scarborough Lecture Theatre	E6	15	Mathematical Sciences	E6
30	College of St Hild and St Bede	G2/H2	25	Modern Languages	E3
46	Classics and Ancient History	D3	45	Mountjoy Research Centre	E8
6	Collingwood College	D8	22	Music	C3
25	Combined Honours in Arts and Social Sciences	E3	15	Natural Sciences	E6
25	Community and Youth Work Studies	E3	53	Nursery	G2
15	Computing and Information Services	E6	48	Observatory	A6
14	Computer Science	E7	18	Old Fulling Mill Museum of Archaeology	C4
60	Counselling Service	E6	3	Oriental Museum	B8
56	Dryburn Court (Ustinov College)	n/a	34	James Barber House (Formerly Palatine House)	E5
47	Durham Business School (Ushaw College)	A7/A8	21	Pemberton Lecture Rooms	D4
26	Durham Students' Union (Dunelm House)	E4	28	Philosophy	E3
43	Earth Sciences, e-Science Research Institute	E7	12	Physics (Ogden Centre for Fundamental Physics)	D7
39	Economics and Finance	F3	44	Psychology	E7
29	Education	G2	31	Racecourse playing fields	H3
25	Elvet Riverside	E3	49	Refounders House/ Fonteyn Court/ Parsons Field House & Court /Brooks House	G4
14	Engineering	E7	15	Security Office	E6
33	English Studies	E5	60	Services for Students with Disabilities (DUSSD)	E6
35	Estates and Buildings	H4	50	Shoichi Hall / Etsuko Hall, Teikyo University	C7
25	Faculty Office (Arts & Humanities)	E3	2	St Aidan's College and Lindisfarne Centre	A7/A8
15	Faculty Office (Science)	E6	19	St Chad's College	D4
43	Faculty Office (Social Sciences & Health)	E7	16	St Cuthbert's Society	C5
40	Geography, Applebey Lecture Theatre	D6	17	St John's College	D5
51	Government and International Affairs - South End House (Politics)	C8	10	St Mary's College	C6/C7
5	Government and International Affairs - Al-Qasimi Building (Middle Eastern and Islamic Studies)	B7	21	Theology & Religion	D4
8	Grey College and Holgate House	D8	9	Trevelyan College and Sir James Knott Hall	C7/C8
20	Hatfield College	D4	21	Union Society	D4
42	Hatfield College (Palmer's Garth)	E4	23	University College (Castle)	D3
37	Health Centre	G4	47	Ushaw College	n/a
14	Health and Safety Office	E7	52	Ustinov College	B10/C10
46	History	D3	4	Van Mildert College	B8/C8